



- CLEAN CARB
- OMEGA FIBERS
- SPECTROACTIVE
- PROMATRIX PLUS
- STAY LEAN

### ALSO CONTAINS

- PREBIOTICS AND PROBIOTICS
- CHOLINE RICH LECITHIN
- ALKALIZING GREEN FOODS
- DIGESTIVE ENZYMES
- FULL SPECTRUM ADATOGENS

## Supplement Facts

Serving Size 1 Packet (44g)  
Servings Per Container 14

	Amount/Serving	% DV*
<b>Calories</b>	140	
Calories from Fat	35	
<b>Total Fat</b>	4g	6%
Saturated Fat	1g	5%
Trans Fat	0g	
<b>Cholesterol</b>	35mg	12%
Total Carbohydrate	18g	6%
Dietary Fiber	6g	24%
Sugars	0g	
<b>Protein</b>	16g	7%
Sodium	170mg	7%
<b>ProMatrixPlus 4 Protein Blend</b> (Whey protein concentrate, Whey protein isolate, Micellar protein, Calcium caseinate)	15gm	**
<b>CleanCarb Formula</b> (Purple sweet potato ( <i>Japonea batatas</i> ), Pomegranate juice powder ( <i>Punica granatum</i> L.))	3250mg	**
<b>OmegaFibers</b> (Flax Seed Meal ( <i>Linum usitatissimum</i> ), Sacha inchi ( <i>Plukenetia volubilis</i> L.))	2500mg	**
<b>Phosphatidyl Choline Rich Lecithin</b>	2200mg	**
<b>Alkaline Greens Formula</b> (Alfalfa leaf ( <i>Medicago sativa</i> L.), Barley grass ( <i>Hordeum L.</i> ), Oat grass ( <i>Danthonia DC.</i> ), Wheat grass ( <i>Triticum aestivum</i> ))	1800mg	**
<b>PreBiotic and ProBiotic Formula</b> (FOS ( <i>Inulin</i> ), Lactobacillus acidophilus, L. plantarum, L. casei, L. bulgaricus, L. lactis, L. brevis, L. helveticus, Bifidobacterium longum, B. bifidum)	1400mg	**
<b>SpectroActive Fruit &amp; Vegetable Formula</b> (Broccoli sprout concentrate, Onion extract, Tomato, Broccoli, Carrot, Spinach, Kale, Brussel sprout, Coffee cherry concentrate, Acerola, Camu camu, Quercetin, Acai, Mangosteen, Grape seed extract, Wild Blueberry, Resveratrol, Wild bilberry, Cranberry, Tart cherry, Prune, Raspberry Seed, Strawberry, Silica)	475mg	**
<b>Full Spec Adaptogen Formula</b> (Ashwagandha root extract ( <i>Withania somnifera</i> ), Rhodiola rosea extract (3% <i>rosavin</i> , 2% <i>salidroside</i> ), Holy basil (2% <i>urosolic acid</i> ))	425mg	**
<b>StayLean</b> (Coleus forskohlii extract (1% <i>forskohlin</i> ), Cinnamon extract (20% <i>polyphenols</i> ))	300mg	**
<b>Digestive Enzyme Formula</b> (Protease 1, Protease 2, Lipase, Lactase, Amylase)	140mg	**

\* Percent Daily Values are based on a 2,000 calorie diet. \*\* Daily Value Not Established

**Other Ingredients:** Erythritol, Natural Flavors, Xanthan gum, Stevia.

**Directions:**  
Add one packet of Shake FX in 8 to 12 ounces of water or beverage of your choice. (Rice milk, Almond milk, Milk, Juice, etc.) Add ice and blend until smooth.

**Allergen Information:**  
Contains Milk and Soy (as Lecithin)

**Warning:**  
If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of the reach of children

**FDA Statement:**  
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:  
Body FX Direct LLC  
San Diego, CA 92123



Shake FX is a nutrient dense, high quality, meal replacement designed to fuel your active life and promote a healthy, fat burning metabolism.

Shake FX contains optimal sources of proteins, fats and oils, carbohydrates, and full spectrum extracts that help nourish your body, rebalance your metabolism, build resistance to stress, fight fatigue, and improve athletic performance.